

International Swimming Meeting



FAROS - ELENA SAIRI 2019

Regional Swimming committee of Eastern Macedonia and Thrace

Proclamation of swimming competition

O.F.T.H.A Swimming club of Alexandroupolis and Nautathletic Club of Alexandroupolis (NOA) in cooperation with the municipality of Alexandroupolis and the Swimming committee of the Region of East Macedonia & Thrace and under the auspices of Greek Swimming Federation are going to organize the **International Swimming Meeting called FAROS - ELENA SAIRI 2019** which will take place in **Alexandroupolis from 3rd to 5th of May 2019.**

The swimming competition will be conducted at the municipal swimming pool of **Alexandroupolis «Dimosthenis Michalenzakis»** 50 m with 10 lanes with an **OMEGA** timer, and will be conducted according to the international rules of swimming. Also the recorded times will be official and will be recorded to the archive of the Greek Swimming Federation. The results of the tournament are going to be displaced to the billboard 10 minutes after the ending of each event.

TERMS OF PARTICIPATION

All the members of Greek Swimming Federation will be able to participate, also all teams from abroad which will show interest in participating.

Athletes who are born from 2006 (age 13) and above this year will be nominated in OPEN category.

Foreigners will certify their age with official documents (passports, identity cards, driving licenses) when they are asked by the committee.

The duration of the games will be 3 days and it includes from 5 different sessions (Friday afternoon, Saturday morning and afternoon, Sunday morning and afternoon).

The games are going to begin on:

- A. 3/5/2019 Friday afternoon: warming-up at 17:00, races at 18:00
- B. 4/5/2019 Saturday morning: warming-up at 08:30, opening of the games at 09:30
- C. 4/5/2019 Saturday afternoon: warming-up at 17:00, ceremonial opening at 17:45, opening of the games at 18:00
- D. 5/5/2019 Sunday morning: warming up at 8:30, races at 09:30.
- E. 5/5/2019 Saturday afternoon: warming up at 16.00, races at 17:00.

SPECIAL TERMS OF PARTICIPATION

- There will be A and B finals for the events of 50m. , 100 m and 200 m. Medals will be given only to the winners of the final A, which will take place after the final B.
- Each swimmer is allowed to participate up to 6 individual races, no more than 3 each day.
- In the events of 800 m Women Freestyle and 1500 Men freestyle only the 16 best times will

be allowed whereas for the 1500m Women Freestyle and 800m Men Freestyle there will be a line with the 8 best registered times. In case that someone is not qualified in the 16 best times will be able to change his/her event.

- In the 4x50 mix (2 boys+2 girls) events every club can participate with 2 teams (only one is competitive). All the teams (competitive and not) have the right to progress to the final. The team that is going to be competitive should be marked with the number 1. Respectively, the team that is not going to be competitive should state the name of the swimming club together with the number 2. All teams (competitive and not) should be composed of swimmers of the same club.
- Every individual event in the qualification heats will be conducted with the “pyramid” system for the 24 best times.
- Each individual race will be conducted in series of OPEN beginning with the slowest and concluding with the fastest, furthermore the commendation will be categorized. Also every time each athlete concludes his/her race the start for next one will be given while the previous athlete is still in the water. For that particular reason the coaches of every team should inform their athletes that as long as they finish their race they have to stay still at the rear of their route and they are allowed to leave the swimming pool after the next athlete has started, avoiding to touch the touch panels of the finishing line.

PARTICIPATION STATEMENTS

All the participants athletes should have their documents validated from Greek Swimming Federation this notification does not include foreign athletes who will have to declare their performance in the races they will participate.

FINAL STATEMENT OF PARTICIPATION

The cost of participation of each athlete is: 3 events 15€ (euros), for 4 events 18€ (euros) for 5 or 6 events 20€ (euros). The amounts of money will be paid from each club to the registration office.

Statements of participation should be sent at the email: pekoanmath@yahoo.gr. And OFTHA email oftha.alexandroupolis@gmail.com until **Tuesday 30th of April**. Each statement should be accompanied by the list of the names of the athletes, also the email of the club or the participant, notifications and the names and telephone numbers of the coaches and the curators.

TROPHIES

- Diplomas and medals will be awarded to the first three winners.
- The best swimmers (man and women) according to the international scoring of FINA will be awarded 400€ (euros).
- The second best swimmers (a boy and a girl) will be given a tablet.
- The third best swimmers (a boy and a girl) will be given a brand bag.
- Every National record will be given 50€ (euros).
- Every record breaking will be awarded with a special price.
- The 3 top clubs for the general will also be given a trophy.

CEREMONIAL OPENING

Saturday afternoon all the teams will be included in the parade with 2 athletes per sex.

For more information: OFTHA 2551023461, Mr. Tyligadas George (+30) 6945381427 (coach)

Mr.Kallitsaris Anastasios (+30)6944589677 (coach), Mr. Arikas Christos (+30) 6944328627 (Vice President OFTHA).

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Program schedule

1st session

3/5/2019 - Friday afternoon at 18.00

1. 50m. Backstroke Women (Preliminary heats)
2. 50m. Backstroke Men (Preliminary heats)
3. 50m. Freestyle Women (Preliminary heats)
4. 50m. Freestyle Men (Preliminary heats)
5. 400m. Individual Medley Women (Final heats)
6. 400m. Individual Medley Men (Final heats)
7. 800m. Freestyle Women (Final heats, best 16 times)
8. 1500m. Freestyle Men (Final heats, best 16 times)

2nd session (Preliminary heats)

4 / 5 / 2019 - Saturday morning at 9.30

1. 100m. Breaststroke Women
2. 100m. Breaststroke Men
3. 100m. Butterfly Women
4. 100m. Butterfly Men
5. 200m. Freestyle Women
6. 200m. Freestyle Men
7. 200m. Individual Medley Women
8. 200m. Individual Medley Men
9. 200m. Backstroke Women
10. 200m. Backstroke Men
11. 4X50 m. Freestyle Mix (2 Women & 2 Men)

3rd session (Finals)

4-5-2019 - Saturday afternoon at 18.00

1. 800m. Freestyle Men (Final heat, best 8 times)
2. 100m. Breaststroke Women
3. 100m. Breaststroke Men
4. 100m. Butterfly Women
5. 100m. Butterfly Men
6. 200m. Freestyle Women
7. 200m. Freestyle Men
8. 50m. Backstroke Women
9. 50m. Backstroke Men
10. 200m. Individual Medley Women
11. 200m. Individual Medley Men
12. 50m. Freestyle Women
13. 50m. Freestyle Men
14. 200m. Backstroke Women
15. 200m. Backstroke Men
16. 1500m. Freestyle Women (Final heat, best 8 times)
17. 4X50 m. Freestyle Mix (2 Women & 2 Men)

4th (Preliminary heats)

5 / 5 / 2019 - Sunday morning at 9.30

1. 100m. Freestyle Women
2. 100m. Freestyle Men
3. 50m. Breaststroke Women
4. 50m. Breaststroke Men
5. 100m. Backstroke Women
6. 100m. Backstroke Men
7. 200m. Butterfly Women
8. 200m. Butterfly Men
9. 400μ. Freestyle Women
10. 400μ. Freestyle Men
11. 200m. Breaststroke Women
12. 200m. Breaststroke Men
13. 50m. Butterfly Women
14. 50m. Butterfly Men
15. 4X50 m. Mixed Medley (2 Women & 2 Men)

5th session (Finals)

5 / 5 / 2019 Sunday afternoon at 17.00

1. 100m. Freestyle Women
2. 100m. Freestyle Men
3. 50m. Breaststroke Women
4. 50m. Breaststroke Men
5. 100m. Backstroke Women
6. 100m. Backstroke Men
7. 200m. Butterfly Women
8. 200m. Butterfly Men
9. 400μ. Freestyle Women
10. 400μ. Freestyle Men
11. 200m. Breaststroke Women
12. 200m. Breaststroke Men
13. 50m. Butterfly Women
14. 50m. Butterfly Men
15. 4X50 m. Mixed Medley (2 Women & 2 Men)

President

Roussidou Christina

General Secretary

Sairis Chrisovalantis

International Swimming Meeting

HOTELS

- **Ramada Plaza Thraki** Adress: 4th Km national road Alexandroupolis - Thessaloniki, Alexandroupolis 68131 phone: (+30) [25510 89100](tel:+302551089100)
- **ALEXANDER BEACH HOTEL @ SPA** 2nd Km Alexandroupolis - Komotini, Alexandroupolis 68131 phone: (+30) 25510 39290
- **Nefeli Hotel Alexandroupolis** Adress: 5th Km national road Alexandroupolis – Thessaloniki, Alexandroupolis, 68131, Greece phone: (+30) [25510 40401](tel:+302551040401)
- **Astir*Egnatia Alexandroupolis** Adress : leoforos dimokratias street 280, inside Egnatia park , Alexandroupolis, 68131, Evros phone: (+30) 25510 38000



Website: [www.oftha .gr](http://www.oftha.gr)

Ω
OMEGA



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Municipal Swimming Pool of Alexandroupolis <https://www.facebook.com/swimmingaxd/>