

International Swimming Meeting
For Swimmers aged from 13 and above



Faros – Elena Sairi 2020

Regional Swimming committee of Eastern Macedonia and Thrace

Proclamation of swimming competition

O.F.T.H.A Swimming club of Alexandroupolis in cooperation with the municipality of Alexandroupolis and the Swimming Committee of the Region of East Macedonia & Thrace and under the auspices of Greek Swimming Federation is going to organize the **International Swimming Meeting called “FAROS - ELENA SAIRI 2020”** which will take place in **Alexandroupolis from the 21st to the 23rd of February 2020.**

The swimming competition will be conducted at the municipal swimming pool of **Alexandroupolis «Dimosthenis Michalentzakis»** 50 m with 10 lanes with an **OMEGA** timer, and will be conducted according to the international rules of swimming. Also the recorded times will be official and will be recorded to the archive of the Greek Swimming Federation. The results of the tournament are going to be displaced to the billboard 10 minutes after the ending of each event.

The performances achieved, are going to be taken into account regarding the swimmers' participation to the European Swimming Championship for Men/Women and Young Men/Women, as well as the National Swimming Championships.

SECTIONS OF THE SWIMMING COMPETITION

The Competition will take place in 5 sections.

1st section - Friday 21/02/2020 Afternoon

Warm-up starts at 16:00 – Race starts at 17:00

2nd section - Saturday 22/02/2020 Morning

Warm-up starts at 08:00 - Race starts at 09:00 – Qualifying series

3rd section - Saturday 22/02/2020 Afternoon

Warm- up starts at 15:45 – Opening Ceremony of the event starts at 16:45 – Race starts at 17:00 – Final

4th section – Sunday 23/02/2020 Morning

Warm- up starts at 08:00 – Race starts at 09:00 - Qualifying series

5th section - Sunday 23/02/2020 Afternoon

Warm- up starts at 15:00 - Race starts at 16:00 - Final

RULES OF PARTICIPATION:

- All the members of Greek Swimming Federation will be able to participate (with swimmers aged from 13 and above), as well as all teams from abroad which will show interest in participating.

- All the participating team, together with their statement of participation, should submit the club's recognition from the General Secretariat of Sports.
- Each team will be able to submit a participation statement including up to 12 swimmers (men and women) for the events of 50 and 100 meters. Up to 8 swimmers in the events of 200 meters and up to 4 swimmers in the events of 400 meters.
- Each swimmer is allowed to participate up to 4 individual races in total and no more than 2 each swimming section.
- During the meeting, "out of competition" participation will not be accepted.
- Swimmers of abroad will be able to participate with performances they achieved during International swimming competitions or any competition organized by their national swimming federation.
- The morning section will include the qualifying series that will take place as follows: Firstly, there are going to take place the 3 fastest heats (3 heats including the swimmers with the best performances). After that, there will be a 30- minute warm-up. After the warm-up there are going to take place the remaining heats.
- The afternoon section will include the Finals. There are going to be finals A and B, including the 16 fastest swimmers up to the events of 200 meters.
- As for the event of 400 meters Freestyle, there are going to take place 4 heats (including the 32 faster performances) during the morning section. During the afternoon section, there is going to be on final heat, including the 8 fastest performances.
- The event of 400 meters Individual Medley will take place in 4 final heats, including the 32 fastest performances.
- The events of 1500 meters Freestyle Women and 800 meters Freestyle Men will take place in one final heat, including the 8 fastest performances that will be submitted before the competition.
- The events of 1500 meters Freestyle Men and 800 meters Freestyle Women will take place in two final heats, including the 16 fastest performances that will be submitted before the competition.
- The participation fee for each participant is up to 20 euros (3 euros will be given to the Greek Swimming Federation) and are expected to be submitted to the secretariat before the competition starts. Swimmers that are part of the National Swimming Delegation will not have to pay.
- Each individual race will be conducted in series of OPEN beginning with the slowest and concluding with the fastest.
- The performances that will be taken into account regarding some of the events are going to be the fastest ones that were achieved in an official competition after the 1st of January 2019, in a 50-meter-length pool.
- Any occurring cancelations or corrections will have to be done until Thursday, 20th of February 2020, at 14:00 the latest, which is the time when the final participation sheet will be uploaded online. After that, no cancelations or corrections are going to be accepted.

TROPHIES:

Diplomas and medals will be awarded to the first three winners of the afternoon section. The first winner will be also given a cup.

In an attempt to organize swimming competitions of high-quality, the events: **ALEXANDREIA, AP. PAVLOS, FAROS- ELENA SAIRI** and **MAKEDONIKOI** will have a common series of competition with the following characteristics:

- 6 categories of awarded athletes, common for Men & Women, are being created:

1. Short-distance Freestyle events (50-100-200 meters)
2. Long-distance Freestyle (400-800-1500 meters)
3. Backstroke events (50-100-200 meters)
4. Breaststroke events (50-100-200 meters)
5. Butterfly events (50-100-200 meters)
6. Individual Medley events (200-400 meters)

- During the first swimming meeting, the first swimmer in each category, according to the point scoring provided by FINA will be awarded the price of 500 euros. During the second swimming meeting, the first swimmer in each category will come of the total scoring of the first and second meeting, according to the point scoring provided by FINA. The winner will be awarded the price of 500 euros.
- During the third swimming meeting, the first swimmer in each category will come of the total scoring of the first, second and third meeting, according to the point scoring provided by FINA. The winner will be awarded the price of 500 euros. During the fourth swimming meeting, the first swimmer in each category will come of the total scoring of the four meetings, according to the point scoring provided by FINA. The winner will be awarded the price of 500 euros. This way, high-level swimmers that will participate in all four events can claim the price of 2.000 euros in total.

PARTICIPATION STATEMENTS:

Statements of participation should be sent to the office of the Regional Swimming Committee of Eastern Macedonia and Thrace (FAX: 25102 23434, email: pekoanmath@yahoo.gr), until Friday 14th of February 2020.

Statements of participation per event and per swimming team, as well as the results of the competition are going to be uploaded to the webpage of the Greek Swimming Federation: www.koe.org.gr in the “Regional Swimming Committee of Eastern Macedonia and Thrace - Announcements” section.

We want to wish the best of luck to all the participants.

For more information or any clarification, you can contact: Mr. Giorgos Tyligadas, coach of OFTHA (p: (+30) 6945381427), Mr. Tasos Kallitsaris, coach of OFTHA (p: (+30) 6944589677), Ms. Giota Athanasiou, coach of OFTHA (p: (+30) 6977625479), Mr. Konstantinos Alexakis, curator of OFTHA (p: (+30) 6974709746) and Ms. Christina Roussidou, President of the Executive Board of OFTHA (p: (+30) 6975906707).

PROGRAMME SCHEDULE

1st Section

21/2/2020 – Friday Afternoon, 17.00

1. 50m. Backstroke Women (Qualifying series)
2. 50m. Backstroke Men (Qualifying series)
3. 50m. Freestyle Women (Qualifying series)
4. 50m. Freestyle Men (Qualifying series)
5. 400m. Individual Medley Women (Final series)
6. 400m. Individual Medley Men (Final series)
7. 800m. Freestyle Women (Final series)
8. 1500m. Freestyle Men (Final series)

The Victory Ceremony for the 5th and 6th event will take place during the 8th event.

The Victory Ceremony for the 7th and 8th event will take place after the end of the section.

2nd Section (Qualifying series)
22/2/2020 – Saturday Morning, 9.00

1. 100m. Breaststroke Men
2. 100m. Breaststroke Women
3. 100m. Butterfly Men
4. 100m. Butterfly Women
5. 200m. Freestyle Men
6. 200m. Freestyle Women
7. 200m. Individual Medley Men
8. 200m. Individual Medley Women
9. 200m. Backstroke Men
10. 200m. Backstroke Women

3rd Section (Final series)
22/2/2020 – Saturday Afternoon, 17.00

1. 800m. Freestyle Men
2. 100m. Breaststroke Women
3. 100m. Breaststroke Men
Victory Ceremony for the 1st event
4. 100m. Butterfly Women
5. 100m. Butterfly Men
Victory Ceremony for the 2nd and 3rd event
6. 200m. Freestyle Women
7. 200m. Freestyle Men
Victory Ceremony for the 4th and 5th event
8. 50m. Backstroke Women
9. 50m. Backstroke Men
Victory Ceremony for the 6th and 7th event
10. 200m. Individual Medley Women
11. 200m. Individual Medley Men
Victory Ceremony for the 8th and 9th event
12. 50m. Freestyle Women
13. 50m. Freestyle Men
Victory Ceremony for the 10th and 11th event
14. 200m. Backstroke Women
15. 200m. Backstroke Men
Victory Ceremony for the 12th and 13th event
16. 1500m. Freestyle Women

The Victory Ceremony for the 14th and 15th event will take place during the 16th event.

The Victory Ceremony for the 16th event will take place after the end of the section.

4th Section (Qualifying series)
23/2/2020 – Sunday Morning, 9.00

1. 100m. Freestyle Women
2. 100m. Freestyle Men
3. 50m. Breaststroke Women
4. 50m. Breaststroke Men
5. 100m. Backstroke Women
6. 100m. Backstroke Men
7. 200m. Butterfly Women
8. 200m. Butterfly Men
9. 400m. Freestyle Women
10. 400m. Freestyle Men
11. 200m. Breaststroke Women
12. 200m. Breaststroke Men
13. 50m. Butterfly Women
14. 50m. Butterfly Men

5th Section (Final series)
23/2/2020 – Sunday Afternoon, 16.00

1. 100m. Freestyle Women
2. 100m. Freestyle Men
3. 50m. Breaststroke Women
4. 50m. Breaststroke Men
Victory Ceremony for the 1st and 2nd event
5. 100m. Backstroke Women
6. 100m. Backstroke Men
Victory Ceremony for the 3rd and 4th event
7. 200m. Butterfly Women
8. 200m. Butterfly Men
Victory Ceremony for the 5th and 6th event
9. 400m. Freestyle Women
10. 400m. Freestyle Men
Victory Ceremony for the 7th and 8th event
11. 200m. Breaststroke Women
12. 200m. Breaststroke Men
Victory Ceremony for the 9th and 10th event
15. 50m. Butterfly Women
16. 50m. Butterfly Men

The Victory Ceremony for the remaining events (11th to 16th) will take place after the end of the section.

The President

Christina Roussidou

The Secretary General

Chrisovalandis Sairis

**INTERNATIONAL SWIMMING MEETING
FOR SWIMMERS AGED FROM 13 AND ABOVE**



Faros - Elena Sairi 2020

SUGGESTED HOTELS

- **Hotel Ramada Plaza Thraki**
Address: 4th km. Ethnikis Odou Alexandroupolis - Thessaloniki, Alexandroupolis, 68100, Greece
Phone: [25510 89100](tel:2551089100)
- **ALEXANDER BEACH HOTEL & SPA**
Address: 2nd km. Ethnikis Odou Alexandroupolis - Komotini, Alexandroupolis, 68100, Greece
Phone: [25510 39290](tel:2551039290)
- **NEFELI HOTEL ALEXANDROUPOLIS**
Address: 5th km. Ethnikis Odou Alexandroupolis - Komotini, Alexandroupolis, 68100, Greece
Phone: [25510 40401](tel:2551040401)
- **Hotel Astir*Egnatia Alexandroupolis**
Address: Leoforos Dimokratias 280, Parko Egnatias, Alexandroupolis, 68100, Greece
Phone: [25510 38000](tel:2551038000)



Website: [www.oftha .gr](http://www.oftha.gr)



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MUNICIPAL SWIMMING POOL OF ALEXANDROUPOLIS “DIMOSTHENIS MICHALENTZAKIS”



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